

A City Classroom Sandpit - Developing Teacher Resilience

Tuesday 15th September, 4.00-5.30pm, via Zoom

In our continued efforts to support you during these early days of term and with your recovery curriculum, The City Classroom would like to invite you to this event.

Sandpits are interactive workshops involving a multidisciplinary mix of participants and researchers to drive lateral thinking and radical approaches to address current challenges.

The scope of this Sandpit is to explore **Resilience** and how the arts and cultural sector can support resilience with individuals; primarily teachers and children.

The Sandpit will bring together approximately 30 professionals – teachers, academics, artists, organisations - with the majority of participants joining from schools.

The aims of the Sandpit are to:

- Focus on the exchange of knowledge and practice across research, education and arts/culture
- Discuss new approaches and new ideas for collaborative action across the disciplines of research, education (teaching and learning) and art (practice)
- Turn the Sandpit conversation into collaborative action through the commissioning of further action research.

The session will begin with short presentations by the following guest speakers:

Professor John Maltby, University of Leicester – his research focuses on personality, social psychology, and wellbeing. A key feature of his work involves exploring models of resilience and the assessment of wellbeing.

Andria Zafirakou MBE, an art and textiles teacher at Alperton Community School in Brent, won \$1million when she was crowned the 'Best teacher in the World', 2018. Using the money, she founded a charity called Artists in Residence (AiR) with an aim to improve arts education in schools. She is now Associate Deputy Headteacher leading on staff professional development.

Sameena Khan is a community artist, theatre director, actress and drama practitioner working for over 17 years delivering and creating theatre projects with and for children and families. More recently she has gained a PG certificate in Therapeutic Play Skills and works as a therapist in schools. Sameena is a member of The City Classroom.

If you are interested in joining us, or would like more information, please email

marisa@cityclassroom.org

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